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*Services, products and solutions  
for creative companies and people  
who want to reduce stress and create success.*

## HOW I COACH CLIENTS

I am very excited to be working with you and honored that you have selected me as your coach! Each Professional Coach has his or her own style of coaching clients. I thought that you would be interested to know the model I have adopted, what I expect of my clients and what my clients can expect of me.

### MY CLIENTS ARE GREAT!

I am fortunate to have the privilege of working with unique individuals. I enjoy each of them. I support my clients' efforts to further their business and personal success. I promise to do my very best to bring 100% of my focus, energy, experience and enthusiasm to each of our coaching meetings. I am on your side! I will be your biggest fan and cheerleader on the path to success!!

### I EXPECT YOUR BEST

By starting a coaching arrangement with me you are indicating that you are willing to do and be your best. This is a personal investment of your resources and demands your best work. If you aren't doing your best I will ask you to. If you are encountering roadblocks and can't be your best I will understand and work with you to help you get back on track.

### I MAKE DIRECT REQUESTS

Often while we are working together I will make a specific request of you to do something by a certain time. The choice to accept, decline, or provide an alternative is yours. Whatever your choice I'll support you!

### I WON'T LET THINGS SLIP BY

If I hear or see something that doesn't fit with your goals and objectives I'll ask you about it. I will ask you to look at it and see what you think. Sometimes I will ask you to try on a different perspective and see if it aligns more closely with what you really want to achieve.

### IT'S UP TO YOU!

You have hired me as your coach to ask you the questions, not provide you with the answers! Through the coaching process, I will support you to find your own solutions. I will usually expect you to take on at least one goal or action between each of our calls. It is your life and your business we will be working on. If the homework is too much, let me know. If it is not enough let me know. What gets done is up to you!

### I EXPECT YOU TO USE MY RESOURCES, NOT DEPEND ON THEM

As your coach I am fully committed to the projects we take on together. I am a resource and presence for you to use to your best advantage. I can share many experiences, ideas, etc., which will increase your success and add to the quality of your life. I expect you to utilize me as an important resource, to leverage your success.

### I AM HERE!

I want to hear it all. If you have a success or problem, are upset with something (even me or the coaching itself), are just starting to realize something big, can't wait to share a breakthrough, e-mail me or contact me through the Coaches Console. **Anytime!**

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